

# YUN HAP

TAEKWONDO & SELF DEFENCE

**2018**



## TOURNAMENT 2018 - Yun Hap's HOME GAME!

Presented by Yun Hap Taekwondo Club Inc ABN 91 027 985 938 Ph 1300 886 800

Taekwondo may not look like other sport 'leagues' but this is the sport side of our martial art ...

... whether you're a 'home' team or an 'away' team come and play as we host this year's HOME GAME!

## Sunday 20 May 2018

Redlands PCYC, Cnr Mt Cotton & Degen Rd, Capalaba

**SPARRING - POOMSAE (Individual:Pairs:Teams:Family)**

**- TIMBER BREAKING (Power:Technical)**

**- JUMP KICK - SELF DEFENCE**

*Prizes for the best HOME TEAM (Yun Hap branch)*

*and AWAY TEAM (other taekwondo club)*

All ages, ranks and experience levels are welcome to participate in this event and coaches are an integral part of the process of how competitors will be matched. Matches are offered at the discretion of the competition organisers and acceptance of any match play is at the discretion of the participant's coach. Once a match is accepted the player moves to that division and there are no additional medals for the original division.

Commences 9am – schedule will issue with final draw

## ENTRIES CLOSE SUNDAY 6 MAY 2018

*Early Bird discount closes 22 April 2018 – additional \$5 fee applies after that date*

*Any changes requested after closing date will attract a \$15 Administration Fee*

*(Admin fee does not apply to changes to provide for matchplay when offered by organisers)*

Yun Hap Taekwondo Club Inc invites all Taekwondo participants to join us for our annual competition. We encourage young, new and inexperienced participants to come and 'have a go' with this event and will also happily accommodate more experienced competitors where possible and they will all be matched accordingly. We may adjust in-division matches if experience levels differ significantly. We encourage everyone to think inclusively and share Taekwondo through this event.

## HOW TO ENTER

Go to : [www.rapidsignup.com.au](http://www.rapidsignup.com.au)

Need help/info? – Check with your Instructor / Coach  
or call Yun Hap Taekwondo Club Inc on **1300 886 800**

### ENTRY FEES

1<sup>st</sup> Event \$45 (sparring) / \$35 (technical) - Additional events (either) \$20  
Exceptions: Jump Kick \$10 with ALL entries PAID IN CASH on the day  
Timber \$5 per board paid at time of entry

**Yun Hap club does not charge a spectator fee - We encourage everyone to support our raffle on the day!**

REFEREES / JUDGES please ensure you register. Honoraria will be paid electronically on the day so please ensure you have your bank account details available.

COACHES are also asked to register for the event to assist us with planning.

## EVENT DETAILS

### SPARRING

Standard weight divisions apply wherever possible and we will ask your actual weight. Outside of that we will match you as close as we can and coaches will let us know if the match is suitable. We match by age, rank and weight (so we'll ask weight when you register for the event). While we appreciate that some parents are highly experienced we reserve the right to deal only with coaches in regard to match planning.

Use of Daedo electronic scoring systems is compulsory for black belts and red belts and preferred for blue and yellow belts. If blue and yellow belts cannot access electronic footguards then non-electronic scoring will be utilised.

HEAD KICKS apply for:

- red and black belt cadets
- blue, red and black belt juniors (15-17) and seniors (18-30)

Head kicks are OPTIONAL for:

- all ranks for Masters
- yellow belts juniors (15-17) and seniors (18-30)

(If one opponent in a match elects to have no head kicks then there will be no head kicks)

NO HEAD KICKS applies for all yellow and blue belts aged 12-14 and ALL divisions below 12 years.

Round times will be:

15-17 and Open Red and Black Belt	3 x 1.5min rounds
All other ages and ranks	3 x 1min rounds

## POOMSAE

All competitors will be scored using iPoomsae system.

Individual competitors will perform 2 patterns OF THEIR CHOICE from the following poomsae:

White/ Yellow Belt	Kibon, Taegeuk 1, 2 or 3
Blue Belt	Taegeuk 3, 4, 5 or 6
Red Belts (plus Cho Dan Bo)	Taegeuk 6, 7, 8, Koryo 1 or Koryo
Black Belts – 1 <sup>st</sup> to 3 <sup>rd</sup> Dan	Any black belt pattern
Black Belts – 4 <sup>th</sup> Dan and above	Any black belt pattern (1 pattern must be above Taebeck)

Pairs (2 people, any gender), Teams (3-5 people, any gender) and Family will perform 1 pattern OF THEIR CHOICE. Entries will be split into appropriate groups and penalty points may apply if the performed pattern is deemed to be inappropriately low for the team's average rank.

## TIMBER BREAKING

Each TECHNICAL BREAKING competitor will receive 5 x 12mm boards. No additional boards may be used. Scoring sheets will be published at [www.yunhaptkd.com.au](http://www.yunhaptkd.com.au) and only broken boards will count in the score. Boards will cost \$5 each and must be PAID IN CASH on the day before medal presentations.

POWER BREAKING will be utilising a stand, will use 19mm boards and 3mm spacers. Participants will either punch in a downward action or strike with a hammer fist and must have at least 1 foot on the floor when breaking. Weight divisions may apply.

## JUMP KICK

Competitors will be split into reasonable height groups on the day irrespective of age, gender and rank. Competitors must perform a JUMP FRONT KICK and land on their feet. Only 2 attempts will be allowed at any height. If the final 2 competitors both miss then heights will be reduced /increased until a winner is determined. All jump kick entries will be PAID IN CASH on the day.

The jump kick competition will be a progressive entry. This means that competitors can elect the height at which they enter the competition and the group doesn't all have to start at the same height, with competitors joining in when the target reaches their selected commencement height.

## SELF DEFENCE

A scenario presentation performed by 2-4 participants with a maximum time limit of 1 minute. Judged based on effectiveness of techniques and fluency of presentation. Scoring sheets will be published at [www.yunhaptkd.com.au](http://www.yunhaptkd.com.au) for information and to assist you in preparing presentations.